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# Speak Up About Safety Violations, Without Fear

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## Speak Up About Safety Violations, Without Fear

If you notice a hazard on the farm, bring the conditions to your supervisor's or employer's attention.

If your employer is not protecting you from workplace hazards as required, you have the right to report them.

The Occupational Safety and Health Administration (OSHA) is a federal enforcement agency that helps prevent and protect workers from being killed or seriously injured while at work .

## Contact OSHA

There are 5 ways:

- Telephone: Call 1 (800) 321 – 6742.
- Online: Submit your online complaint to OSHA at <https://www.osha.gov/ords/osh7/eComplaintForm.html>
- Fax or email: Fax or email the online complaint form to your local OSHA office. Include your contact information.
- Mail: Send a letter describing your complaint to your local OSHA office.
- In person: Visit your local OSHA office .

You never have to reveal your immigration status to OSHA .