Long COVID













Well, Long COVID can have a lot of different symptoms.

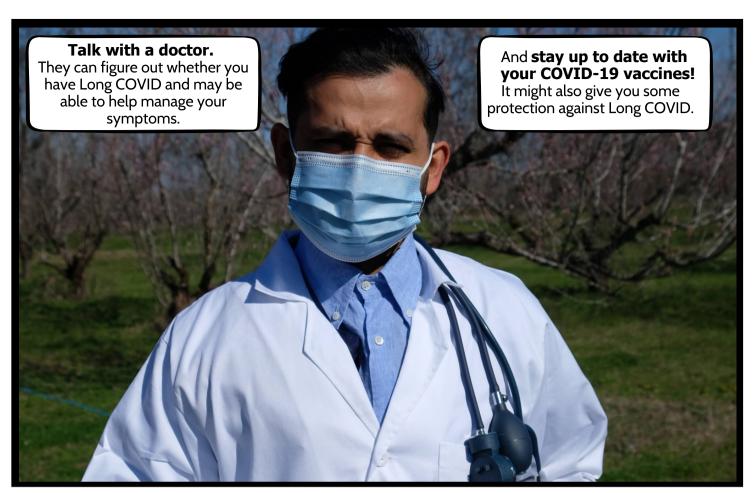
Sometimes, the symptoms are like the original symptoms of CÓVÍD. You know-- cough, trouble breathing, headache, chest or muscle pain. Or fatigue, like what you're feeling...



- Have trouble thinking straight or remembering...
- Feel dizzy like you do...
- Feel their heart pounding...
- Have trouble sleeping...
- Become anxious or depressed.

The symptoms can get worse when you're working hard-like what happened just now.













Get vaccinated and practice COVID-19 prevention to reduce your risk of Long COVID. If you or your loved one has symptoms of Long COVID, visit your local health center today!