KEEPING OUR DISTANCE
TO KEEP EACH OTHER SAFE

Head Start

COVID-19 prevention at home and at work
Remember to keep your mask on, Claudia, and wash your hands as soon as you get in the building.

Yes, Mom!

Everything the kids touch, they clean and disinfect!

I'm glad they're taking steps to keep the kids safe.

Man! The bus is full.

I wish we could spread out a little more... But there's a place in the back with Manuel.

Hi, Manuel! How are you? Where's Carlos?

He wasn't feeling well yesterday...

Hi, Pablo, Irma. I'm pretty worried, actually. My brother caught the virus. Today his fever was so high he couldn't get out of bed.
If Carlos is sick, we've all been exposed. We need to be more careful about distancing. Otherwise everyone at work will infect each other. And our families, too!

How can we distance? We work together and all ride in the same buses.

Let's open the windows. It's difficult to distance on the bus, but we can create airflow to limit the amount of virus that's hanging around. It doesn't protect us 100%, but it helps.

And put your mask on, Manuel! That helps to protect you, too.

We can spread out in the fields while we work. We should pick in different rows, six feet apart.

And when we eat lunch, we should sit spread apart. We can still talk, but at a distance.

I understand how to distance in the fields. But what about at home? Our house is too small for us to stay spread apart.
Our house, too. But we can still maintain as much distance as possible. We’re going to move our mattress into the living room so that grandma has the bedroom to herself.

The rest of the time, we’ll all wear our masks.

I could sleep on the couch. And Carlos and I can still hang out—just in different rooms.

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Hi, sweetie! I can’t give you a hug right now. Dad and I might be sick.

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You’re home!

We feel fine! But there’s a chance we have the virus, so we have to be careful. We want to protect you and grandma as much as possible.

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We should wear our masks in the house, then. Claudia, go and get them.

I’m going!

Irm and I have to stay far away from other people. I’ll see if my cousin Marta can drop off groceries—that way we don’t get close to people in the store.

And let’s clean the kitchen with soap and disinfectant, just like they do at the Head Start center!

Marta was going to have a birthday party this weekend. We probably shouldn’t go, should we?

No, we can’t go. We have to protect our family and our community.

We’ll drop off a gift instead.

That’s right. If we keep our distance, we keep our loved ones safe!
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